



# Potoula P. Tournas

## Associate

Stamford, CT | (203) 977-7385

ptournas@daypitney.com

## Overview

Potoula Tournas represents clients in complex commercial litigation matters, internal investigations, governmental proceedings, and enforcement actions. She frequently litigates issues in both federal and state courts related to breach of contract, breach of fiduciary duty, fraud, unfair trade practices and land use issues, among others. Potoula has extensive experience providing critical support during pre-trial motion practice, in discovery disputes and in alternative dispute resolution. Potoula also helps clients respond to and resolve criminal, civil and regulatory investigations brought by federal and state agencies, including the U.S. Securities and Exchange Commission.

During law school, Potoula interned with the Honorable Alfred V. Covello in the U.S. District Court for the District of Connecticut. Prior to law school, Potoula worked in New York as a litigation paralegal at a leading international law firm.

Potoula is passionate about pro bono work. She has successfully represented veterans facing eviction through the Connecticut Veterans Legal Center, as well as guardians of incapacitated individuals in probate court to secure necessary medications for their children. Potoula also enjoys mentoring high school and college students interested in law school and legal careers.

## Education and Credentials

### Education

University of Connecticut School of Law, J.D.; *Connecticut Public Interest Law Journal*, Editor-in-Chief; Mock Trial Society

Northeastern University, B.A., *summa cum laude*

### Admissions

State of Connecticut

Commonwealth of Massachusetts

State of New Hampshire

U.S. District Court, District of Connecticut

U.S. District Court, District of Massachusetts

## Practices & Industries

**Complex Commercial Litigation**

**Government Enforcement & White Collar Defense**

**Litigation**

**Real Estate Litigation**

## Affiliations

Massachusetts Defense Lawyers Association  
Connecticut Bar Association, Young Lawyers Section  
Massachusetts Bar Association  
Hartford County Bar Association  
Hartford Young Professionals and Entrepreneurs  
Association of Greek American Professional Women

## Languages

Greek

# Recognition and Community

*No aspect of this advertisement has been approved by the highest court of any state. Prior results do not guarantee a similar outcome. [See Awards Methodology.](#)*

## Recognitions

Selected to the list of Massachusetts [Super Lawyers](#)® Rising Stars, Business Litigation, 2024-2025  
CALI Excellence Award in Trial Advocacy, Spring 2020

## Community Involvement

King School Alumni Association, Alumni Mentor

# Insights

New Reporting Requirements in the Cybersecurity and Critical Infrastructure Sectors  
New Jersey Law Journal's Cybersecurity Special Section, November 27, 2024

# In The Media

Thinking About Law School  
March 2022